

JUNE 2012

# il Ficcanaso

OFFICIAL BULLETIN OF THE ITALIAN CLUB  
ESTABLISHED: APRIL 26TH 1920

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## Italian Club Scholarship

MARTY NIGRELLE

2012-13 Scholarship Winners Announced Martin Nigrelle (Italian Club Scholarship Chairperson)

This year there were a total of 5 applications that exceeded the criteria for a scholarship award from the Italian Club. With GPAs ranging from 3.61 to a solid 4.0 the ranking this year was tight.

I want to thank all of the applicants for submitting their applications & congratulate them all on maintaining such great grades!!

### The winners of the 2012-13 Scholarships are:

James Ferrese, James is the son of members Vincent & Amber Ferrese, he will be attending Seattle Prep in the 2012-13 school year.

Logan Fiones, Logan is the son of member Jon Fiones, he will be attending O'Dea in the 2012-13 school year.

Dominic Peretti, Dominic is the son of member Dawn Peretti, he will be attending Kennedy in the 2012-13 school year.

(Cont. Page 3)



## PRESIDENT'S MESSAGE

Greetings Everyone,

Spring and summers a time for renewal and growth finally appears and breaks through with delight. First off I hope everyone has gotten the word on the meeting June 7<sup>th</sup> changed to our Mariners game conflict. It is our last meeting before the summer break. Lot's going on this summer and I hope to see you at the Mariners game on June 14<sup>th</sup> and at Emerald Downs July 22<sup>nd</sup>. One of my favorite events is the Italian Community Picnic which the Italian Club helps sponsor is a great gathering packed with loads of family fun, food and activities. Thanks go out to the many volunteers who have help fill the gaps with Carolyn Jacksons passing. Gemma Thielges, Anna Popovich, Dot Whitney to name a few stepped up and are generous with their time and energy. It is always amazing how the vital few always seem to appear and help take care when the need arises. Is this an Italian trait? For some it is and this concept of the vital few was brought to light by a famous Italian. In 1906, economist/sociologist Vilfredo Pareto created a mathematical formula to describe the unequal distribution of wealth in his country, observing that twenty percent of the people owned eighty percent of the wealth.



Monte Marchetti

### GENERAL MEETING & DINNER



Thursday, June, 7th

Mount Virgin Church Hall

Dinner (\$5) @ 6:30PM

Progressive prize \$75

### MARINERS ITALIAN HERITAGE NIGHT

Thursday,  
June 14th  
Safeco Field



## PRESIDENT'S MESSAGE (cont.)

### il Ficcanaso

Official Bulletin of the Italian Club of Seattle  
Established April 26, 1920  
[www.italianclubofseattle.org](http://www.italianclubofseattle.org)

Editor:  
**Nick Grossi** (425) 454-5575  
nickagrossi@gmail.com

#### Italian Club Officers for 2012

President:  
**Monte Marchetti** (425) 591-5541

Vice President:  
**Martin Nigrelle** (206) 310-7689

Secretary:  
**Dennis Caldirola** (206) 282-0627

Treasurer:  
**Joe Galluccio** (206) 275-4688

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Sergeant at Arms: **Ron Roletto**

#### Committee Chairs

Membership .....**Martin Nigrelle**  
Day at the Races .....**Joe Galluccio**  
Mariner Baseball Night .....**Martin Nigrelle**  
Picnic .....**Ron Roletto**  
Halloween Party .....**Andrea Petrone**  
Adult Christmas Party .....**Joanne Marchese**  
Children's Christmas Party **Tom & Nancy**  
**Grossi**  
Bylaws .....**Barbara Peretti**  
Luncheons .....**Audrey Manzanares**  
Scholarship .....**Martin Nigrelle**  
Miss Italian Club ..... **Audrey Manzanares**  
Health .....**Gemma Thielges**  
Parliamentarian .....**Lou Cella**  
Golf Tournament .....**Brian DiJulio**  
Crab Dinner .....**Anna Popovich**  
Day at the Casino .....**Michael Lazzaretti**

(Cont. pg. 1)

After Pareto made his observation and created his formula, many others observed similar phenomena in their own areas of expertise. Quality Management pioneer, Dr. Joseph Juran, working in the US in the 1930s and 40s recognized a universal principle he called the "vital few " and reduced it to writing. As a result, Dr. Juran's observation of the "vital few ", the principle that 20 percent of something always are responsible for 80 percent of the results, became known as Pareto's Principle or the 80/20 Rule. The value of the Pareto Principle is that it reminds you to focus on the 20 percent that matters. Of the things you do during your day, only 20 percent really matter. Those 20 percent produce 80 percent of your results. Identify and focus on those things. . Apply the Pareto Principle to all you do, but use it wisely. I think we are working on the right things and continue to welcome in new members into the Italian Club of Seattle. My focus will continue to be on the fun factor for the club and it's members and foresee that 80% of our time together will be delightful. Hopefully I will see you at the Mariners, Emerald Downs and the Italian Community Picnic this summer. We are a social club creating life experiences and memories and all it takes is just being incredibly you and come join us . Have a great summer and I hope to see you June 7<sup>th</sup> at Our Lady of Mt. Virgin. We have a special meal planned and it will be our last meeting until September. **Monte Marchetti President Italian Club of Seattle**  
email: montemarchetti@gmail.com

Italian Community Picnic  
August 19th Royal Ach Park  
Maple Valley WA





## Italian Club Scholarship (CONT.)

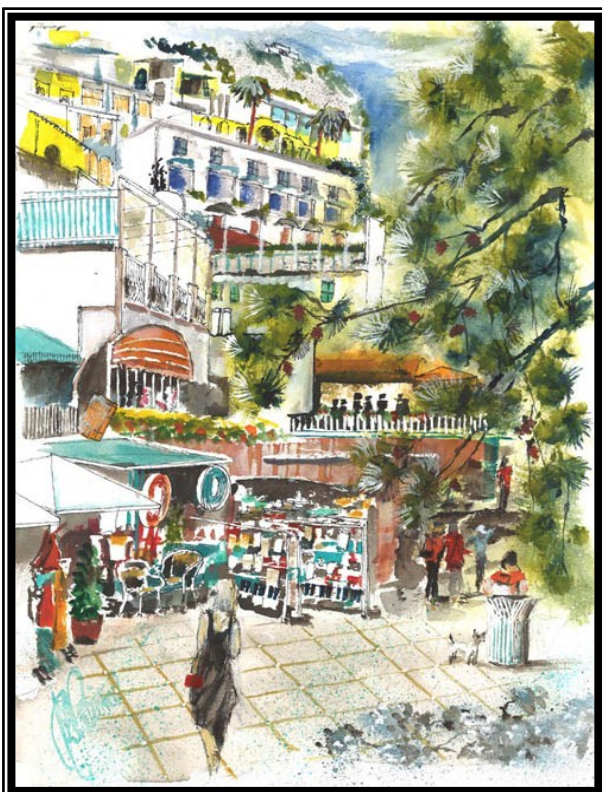
(From page 1)

*The winners are invited to attend our September general meeting to read their applications to the members & receive their award certificate. The cost of dinner for each winner & one parent will be taken care of by the club for this meeting. If the recipients are not able to attend, their award certificate will be mailed. The related schools will be sent a payment of \$500.00 in the student's name in October of 2012.*

*Next steps in the scholarship process:*

- **September 2012 – Award Recipients presented @ General Meeting**
- **October 2012 – Scholarship payments made to the schools on behalf of the recipients**

**Joel Patience Positano Sempre Bene**



Joel Patience shares with his community in Edmonds. His watercolor paintings, cards are inspiring  
Bravo Joel  
Welcome!



## MEMBERSHIP NEWS

BY MEMBERSHIP CHAIRMAN MARTY NIGRELLE



By Martin Nigrelle – Membership Chairperson

At the June general meeting, the club will be voting on three new applicants:

Brad J. DiJulio – Brad lives in the Kirkland area & works as a Financial Advisor at Washington Asset Management. Brad's great grandfather was from the Trontepolina region of Italy. Application is sponsored by Brian DiJulio & James DiJulio.

Kelly A. DiJulio-Woodward – Kelly lives in the Seattle area & works as a legal assistant at Wolfstone Panchot & Bloch. Kelly's great grandfather was from the Trontepolina region of Italy. Kelly & her spouse Brian have recently had a daughter: Reese. Application is sponsored by Brian DiJulio & James DiJulio.

Brian Woodward – Brian lives in the Seattle area. Brian's great grandfather-in-law was from the Trontepolina region of Italy. Brian & his spouse Kelly have recently had a daughter: Reese. Application is sponsored by Brian DiJulio & James DiJulio.

There was one new member application voted on for the May general meeting. Please join in welcoming: Glen Suggs to the club! Do you have friends or family interested in joining our club? Please have them use the Application button found on the club's web site: <http://www.italianclubofseattle.org>



## The Golf Tourney Sept 27th, 2012, 1pm at Echo Falls Golf Course By Brain DiJulio Event Chair

\$125 per person and Includes lunch (Isernio Sausages) Dinner (Four Course Italian Meal) Golf Cart/Greens Fees and lots of other goodies! Famous Raffle afterwards and a few select Auction Items too...Dinner only for \$25 ...all to Benefit the fast rising Seattle U Baseball Program, who's 19-17 right now and Beaten the U of w, Oregon state, Portland and WSU...amazing results for only the third year of the new program... due in part to our support!! Hope to see you all there...

## Italian Club Heritage Day at the Races

The Italian Heritage Day will be held on Sunday, July 22 at Emerald Downs Racetrack in Auburn. Bring some guests and join your friends from the Italian Club for a fun filled afternoon of horse racing. Your \$48.00 ticket includes admission to the track, a tip sheet, and a reserved seat in the Shinpoch room, which is located on the fourth floor in the clubhouse area overlooking the finish line, and a delicious buffet lunch. The menu will be sliced marinated flank steak with caramelized onion au jus, grilled chicken with Asian glaze, herb roasted potatoes, vegetable platter, Caesar salad, fresh fruit bowl, assorted rolls and butter coffee, and tea service and assorted cake tray. The pari-mutual betting windows are only a few steps from your reserved seat and it is real easy to make your wager on your favorite horse. The view from the room is beautiful and the entire afternoon is very enjoyable. If you have never been to "A Day at the Races" give yourself and anyone else you feel would enjoy it, a memorable day at Emerald Downs. Reserve your seat now by contacting

**Joe Galluccio at 206-275-4688.**



## HEALTH & WELFARE - JUNE 2012

by Gemma Di Julio Thielges & assistant Angela Di Julio Wright

When I was first approached about possibly taking over this column I was excited about it. I still am, but have to admit that I find it a little intimidating to try & follow in Carolyn's footsteps. She was the "Health & Welfare Queen" for many, many years & definitely had the "gift of gab". Her unexpected death has been a loss & a great sadness for all of us. But I will do my best to pull together whatever information seems interesting & appropriate to pass on to all of you.

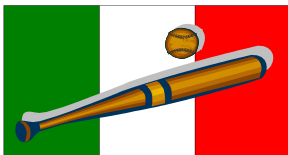
I want to think of myself as the common voice of our members. If you have news about your travels or other interesting experiences, if you have health issues that you wish to share or want to request prayers, I can summarize it all & pass it on through this venue. My email address is: [gdiulio@comcast.net](mailto:gdiulio@comcast.net) & my home phone is **425-747-0655**. This is your column, your opportunity to share, so I'm hoping I'll hear from many of you. It was nice to see **Barbara Peretti** after her recent surgery & to see **Rosa Facciuto** after husband **Tony's** recent death. Also happy to see **Betty Borracchini** doing well after having taken a fall. The strength & bravery of our members is inspiring. They are confirmation to us that, in spite of mishaps, challenges, or losses, we can recover & carry on.

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## Who is Alex Liddi? -- Mariners Italian Heritage Night 2012

By Martin Nigrelle – Event chairperson

For those of you who may have missed it, Alex Liddi scored his first major league grand-slam against the Texas Rangers on May 23rd, which led to a win for the Mariners! Alex Liddi became the first player born and raised in Italy to hit a home run in the Major Leagues since 1961. The giveaway item this year is a customized t-shirt that includes Alex Liddi's name & number (see illustration). There are less than 10 seats left in the group of 57 seats the Italian club has purchased. If you want to sit with your fellow club members see Marty Nigrelle for available seats at the June 7th meeting. Tickets are also available via the Mariners web site until Noon Wednesday June 13th : <http://mariners.com/italian>. Tickets will be sold on a first come first serve basis. This year the Mariners will be hosting the San Diego Padres on Thursday June 14th, 7:10pm. The Mariners are still working on a possible pre-game event as well, any news will be posted to the Mariners Italian Heritage web site. The ticket prices this year are: \$14 View Reserved (normally \$15) \$30 Field Level (normally \$35). The Mariners are donating \$2.00 from the sale of each ticket to Festa Italiana.



## Pappardelle Pasta with Boar Sauce (Ragu)

Pappardelle (wide thin pasta)

- One pork loin or boar meat (about two kg minimum)
- One large red onion
- 1 stick of celery
- 2 garlic cloves or two table spoons of crushed garlic
- 1 sprig of rosemary
- 1 sprig of sage
- Stock as needed
- 1 portabella mushroom
- Tomato purees (250g)
- Red wine
- 6 Juniper berries (optional)
- Pinch of nutmeg
- Fresh black pepper
- Extra virgin olive oil
- Grated parmesan or pecorino



Finley chop the herbs and vegetables and cook gently in a deep, heavy based pad with olive oil until they begin to soften. Dice the pork or cut it into long strips and start to cook it with the vegetables and add a little olive oil. Remove the pork just when it starts to turn color then dice it into small pieces or, for more flavor, turn the cooked pork though your cylinder grater (large holes) and return to the cooking pan. Shred the portabella mushroom with a cheese grater and add it to the pan. This will disperse the flavors and moisture throughout the dish.

When the meat starts to brown add the red wine and tomato puree and cook slowly without the lid. The sauce is ready when the meet has taken on a darker color and the mixture has thickened. Stock can be added to thin the sauce. When the ragu is almost ready, drop the Pappardelle and salt into boiling water only until al dente. Drain the pasta. Fold in the ragu and half the parmesan. Sprinkle the rest of the cheese on the top and serve.

Recipe from: Joel Patience Artist/Chef



## Cont. Page 4 Health and Welfare

There have been several weddings over the past months - congratulations to newlyweds **Linda Madrid & Don Gulden** who were married 4/14/12 in Magnolia and to our talented chef & soon to be club member **Doug Chiechi** & his new bride.

**Marty Nigrelle & Kacy** were married 11/12/11 in New Orleans & from their photo they look pretty happy & in love. **Joe Sargent & Debbie Quien** have moved to Westport since their wedding in Oct. of 2010 but we're happy to see that they continue to attend meetings & other events.



**Karen Gazarek Bianchi & I** celebrated our 50th high school reunion at Holy Names Academy last month. **Jerome Thielges** will be doing the same this month at his high school in La Moure, North Dakota (a town of 900 people).

**Angela & Bill Wright** spent 12 days in April with daughter Karen & her family in Scottsdale, AZ. In May they visited daughter Mary & son Byron & their families in Spokane. They also fit in trips to Bellingham to visit son Jim & his family.

**Jim Di Julio** would appreciate prayers for strength & healing from a case of shingles which has flared up in his left eye - very painful.

96 y.o. **Joan Razore** danced up a storm at grandson Jeff's wedding on May 5th in Palm Desert.

**Ron Roletto & Michael Troianni** are hopefully enjoying their travels in Italy.

**Estelle Di Julio**, at age 100, has moved to The Gardens at Town Square in Bellevue (a senior residence). Her new address is: 933-111th Ave. N.E., #228 Bellevue 98004. Phone # is the same-425-637-7087.

Angela spoke with **Margaret Murray**. She & Mom **Carmen** said to greet everyone & asked us to keep them in our prayers.

Our sympathies to Jerry Lewis & family on the recent (on May 19th) death of his mother. Happy Birthday to **Orlie Saltarelli** who will be 87 on 5/30 & Happy Anniversary to **Orlie & Velva** who will celebrate 50 years of marriage on July 27th with a family party.

We are already into June so our summer break will begin after our meeting on 6/7. Be sure to check out The Calendar of Events in this issue which outlines the activities scheduled during the next few months. Until our meeting on Sept. 13th, remember: *"The Lord will keep you from all harm, He will watch over your life. The Lord will watch over your coming & going both now & forevermore."* Psalm 121 v 7-8

Have a wonderful & safe summer.

The sisters - Gemma & Angela

June, 2012

## SECRETARY'S REPORT

Dennis Caldirola

The 2010 roster has gone to press and I should have them for distribution at the General Meeting in June - one copy per person, please. For those unable to attend, we will mail out one per couple the following week. From that point on, additional copies will only be available by special request. Special thanks to Nick Grossi who sold \$1150 worth of advertising which will aid tremendously in offsetting the cost of this expensive biannual project. Since this is our last il Ficcanaso before September, please save the calendar portion to remind yourselves of the many wonderful Italian-oriented activities happening over the summer. I'd like to draw particular attention to the Italian Community Picnic, and the first Volunteers' Meeting for Festa Italiana at Mt. Virgin on August 7th. Have una bell' estate, everyone!

## Children's Christmas Party

Saturday, December 1st at 9:00am  
Northcut Landing U District. If you have any questions, please contact Tom or Nancy Grossi 425-557-0071.



**JUNE 2012**



7th	IC General Meeting/ Dinner 6:30PM
14th	<b>Seattle Mariners Baseball, Italian Heritage Night</b>

**JULY 2012**



Summer Break	
No Meeting No il Ficcanaso	
22nd Day at the Races Emerald Downs	

**ITALIAN CLUB  
CALENDAR OF EVENTS**

**General Meetings:**

- Dinner (\$10.00 charge) followed by meeting at 6:30PM
- Meeting on **SECOND** Thursday of the month, Mount Virgin Church Hall

**Trustee Meetings:**

- First Thursday of every other month, unless otherwise noted

**AUGUST 2012**



Summer Break	
No Meeting	
No il Ficcanaso	
19th	Italian Community Picnic
23-25th	Festa Italia Portland

**September 2012**



13th	IC General Meeting/ Dinner 6:30PM
15th	Festa Mass Mt. Virgin
25th	Festa Luncheon
27th	Golf Tourney
28-30th	Festa Italiana

**October 2012**



11th	IC General Meeting
27th	Kids Halloween Party

**November 2012**



8th	IC General Meeting

Save The Date!

**ITALIAN CLUB CHILDREN'S  
HALLOWEEN PARTY**

11 AM, October 27, 2012



*If on a broomstick you can't fly,*

*Some other way of traveling try*

*But come you must at 11 o'clock*

*On the morn of 27, Oct.*

DONATIONS OF HALLOWEEN DECORATIONS

IN GOOD CONDITION GLADLY ACCEPTED.

Please call Andrea at (425) 774-6976



**il Ficcanaso**

The Italian Club, Inc.  
P.O. Box 9549  
Seattle, WA 98109-0549

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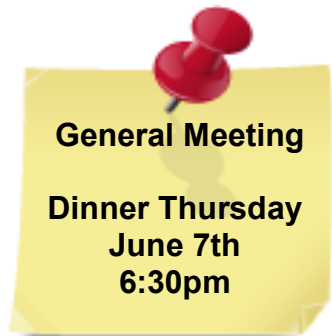
**B-DAY WINNER: Mike Manning.**

Spirits , coffee cards and dinners were won by; Monte Marchetti, Cindy Taylor, Angela Wright, Evelyn Campo, Robert Sylvester, Diana Kaczor, Mike Lazzaretti (3x), Paul Pioli, Joe Galluccio, Joel Patience, Brad DiJulio (2x), Carole Bishop, Bill Picchena, Anna Popovich (2x), Linda Manning, Linda Madrid, Dot Whitney, Marty Nigrelle, Ron Alia and Judy Wright.

The Progressive Prize of \$50.00 would have been won by Armando Scoccolo if present.



The Jackpot goes to \$75.00 at the June meeting.



**General Meeting**  
**Dinner Thursday**  
**June 7th**  
**6:30pm**

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701 Fifth Avenue  
Suite 4040  
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Phone: 206-447-0182  
Fax: 206-622-9927

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Email:  
[jmarra@davisgrimmpayne.com](mailto:jmarra@davisgrimmpayne.com)

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