Happy Valentine's Day

General Dinner Meeting

Thursday - February 11 Mount Virgin Church Hall

> No February Luncheon

il Ficcanaso



Official Bulletin of the Italian Club ... Established April 26, 1920

President Corner

Thank You Jerry and Judy



As we start for 2010 calendar year for the club, I want to thank Fran Albanese for serving on the board

for the past two years. Also, we would like to welcome new board member **Diana Lafornara** and all the board members who will be staying on.

We are looking forward to an exciting year beginning with our trip to the casino. Should be a fun time with lunch and a bit of gambling.

This month we would like to announce that Joe Salle will be our caterer for our monthly meetings. We know Joe from the booth he has at Festa. The lines were quite long. Welcome aboard Joe.

Thank you goes out to **Jerry** and **Judy Lewis** for all the years you kept us happy.

Good health to all members and God Bless.

A Day at the Snoqualmie Casino by Nick Grossi

The Italian Club held its first "Day at the Casino" on February 3rd. Listening to remarks during and after, everyone had a great time. **Michael Lazzaretti** was chairman

of the affair and everyone agreed he did a great job. Thank you

Michael.

The bus arrived promptly at 10:00 A.M. at Mount Virgin park-

ing lot where a good group was waiting. The round trip bus ride was free, compliments of Sno-qualmie Casino. Michael helped everyone aboard and then we were off. After a fairly short ride, everyone was eager to get there. It was a beautiful sight ... the casino, trees and mountains.

Michael again helped everyone off the bus and informed everyone we had to get a players card and we would all meet at 12:30 for lunch at the buffet, where they had a reserved area for our group. The bus would be outside the Casino

at 3:15 P.M. for our ride home. After a delicious lunch everyone went back to their gambling in hopes of winning some money and met again at 3:00 P.M. for the ride home. Michael was there to make sure

everyone was accounted for, and handed out a gift for everyone (a bag, pen and key chain flashlight).

The bus was full and several people drove on their own and met us there. Altogether there were 31 club members and guests who attended. It was a fun day and several expressed hope that the club would do it again.

Meet the 2010 Italian Club Officers





Brian DiJulio, ex-officio, Diana Lafornara, new trustee, Returning trustees: Tom Grossi, Marty Nigrelle, and Diana Kaczor, Ron Roletto, Sergeant at Arms, Joe Galluccio, Treasurer, Dennis Caldirola, Secretary, Monte Marchetti, Vice President and Anna Popovich, President. Lou Cella conducted the installation.

General Dinner & Meeting

THURSDAY, February **11**

Mount Virgin Church Hall 2800 S. Massachusetts Street, Seattle

Dinner at 6.00PM ... Followed by the general meeting.

Progressive prize ... \$25

Fellini Films at Museum



At the Seattle Art Museum, they will be running a series of Fellini films that you might find interesting:

Mar 5 "Juliet of the Spirit"

Mar 19 "Ginger and Fred"

The tickets are \$7.00 per show.

For info: www.seattleartmuseum. org/calendar/calendar.asp

No February Luncheon

Italian Club Membership Applications Available

To receive a membership application form please contact:

Monte Marchetti Phone: 425-591-5541

il Ficcanaso

Established April 26, 1920 Official Bulletin of the Italian Club www.italianclubofseattle.org

Editor:

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ITALIAN CLUB OFFICERS FOR 2008

President:

Anna Popovich

(206) 453-4002

Vice President:

Monte Marchetti

425-591-5541

Secretary:

Dennis Caldirola

(206) 282-0627

Treasurer:

Joe Galluccio

(206) 275-4688

Ex Officio:

Brian DiJulio (425) 820-4424

Trustees

Tom Grossi (425) 557-0071

Michael Lazzaretti (206) 280-6691

Diana Kaczor (206) 232-7880

Marty Nigrelle (206) 310-7689 (Cell)

Diana Lafornara (425) 672-7133

Sergeant at Arms: Ron Roletto

Committee Chairs:

Finance: Tino Lazzaretti

Membership: Monte Marchetti

Day at the Races: Joe Galluccio

Mariner Baseball Night: Marty Nigrelle

Picnic: Ron Roletto

Halloween Party: Nancy Grossi and

Andrea Petrone

Adult Christmas Party: Diana Kaczor

Children's Christmas Party: TBD

Bylaws: Barbara Peretti

Luncheons: Carolyn Jackson

Scholarship: Marty Nigrelle

Miss Italian Community: Fran Albanese

Facilities: TBD

Health: Carolyn Jackson Parliamentarian: Lou Cella

Golf Tournament: Brian DiJulio

Crab Dinner: Anna Popovich

THE ITALIAN CLUB OF SEATTLE, Inc.

Box 9549

Seattle, WA 98109

(206) 282-0627

www.ltalianClubofSeattle.org

Winners

Those who won prizes at the January general meeting were:

Deloris DeVitis, Ron Alia, Bill Pecchena, Anna Popovich, Mike Kaczor, Tina Conforti, Mike Carrosino, Monte Marchetti, Diana Lafornara, Franco Tesorieri, Bob Popovich, Marty Nigrelle, Dot Whitney, Roy Skibo, Linda Madrid, Inez Fourno, Gemma Thielges, Robert DiDonato Sylvester, Barb Galluccio, Chip DiJulio, Barb Peretti, Dennis Caldirola and Max Leone.

The birthday winner was **Delores** DiVitis. Kimberly Carrosino's name was drawn for the Progressive Prize, but she was not present. The jackpot now goes to \$50.00 at the February meeting.

The Italianette ...



We meet the first Saturday of the month from 11:30 A.M. to 12:30 at the South Bellevue Community Center. Our goal is to keep the

Italian culture and language alive. The classes are FREE OF CHARGE for children age 6 to 12.

Please join us for Italian language class, songs and culture activities. To sign up please contact: Tina Conforti at (425) 427-9515.

E-mail to oggiitaliayahoo.com

Deadline Dates for Inputs to il Ficcanaso for 2010

<u>Issue</u> - <u>Deadline</u>

March - March 1

February - February 1

April - March 29

May - May 3

June - May 28

July & August - no newsletter

September - August 30

October - October 4

November - November 1

December - November 29

Proposed Budget for 2010

Treasurer Joe Galluccio has finalized the budget for 2010 and it was presented to the Trustees. It will be voted on for final approval by the general membership at the February meeting.

Proposed budget for The Seattle Italian Club for 2010:

INCOME	2009	2010
Advertising	\$1,000	\$1,000
Casa Subsidy	\$2,700	\$500
Crab Feed	\$1,500	\$3,500
Festa Italiana	\$4,500	\$2,500
Interest	\$23,000	\$5,500
Member Dues	\$10,000	\$10,500
New Members	\$1,250	\$1,250
	\$43 950	\$24.750

	\$43,950	\$24,750
EXPENSES		
Accountant	\$1,800	\$1,750
Administration	\$7,200	\$6,750
Board Meetings	\$1,000	\$900
Dinner Meetings	\$7,000	\$2,000
Donations	\$900	\$500
Festa Italiana	\$3,000	\$3,000
Halloween Party	\$300	\$200
Insurance	\$750	\$700
Kidney Fund		\$400
Legal Fees	\$10	\$10
Luncheons	\$300	\$200
Newsletters	\$8,750	\$8,750
Office	\$300	\$200
Past Pres. Brunch	\$1,200	\$750
Picnic	\$500	\$500
Postage	\$500	\$400
President's		
Discretionary		
Fund	\$500	\$300
Progressive Draw	\$325	\$250
Rent - Meetings	\$3,250	\$2,750
Rent - Dexter Office	\$880	\$880
Rent - Storage	\$440	\$480
Roster	\$0	\$1,800
Scholarship	\$1,500	\$1,500
Seafair Miss Italy	\$100	\$50
Website Redesign	\$400	\$350
Xmas Party - Adult	\$2,000	\$500
Xmas Party - Children	\$1,700	\$1,00 0
	\$44,605	\$36,870

Health and Welfare ... February 2010 By Carolyn Jackson

FEBRUARY ... THE MONTH OF LOVE AND PRESIDENTS:

May your days be filled with happy moments that you will treasure all year through!

I haven't received phone calls with news to share, so again have to put on my thinking cap and remember what news I have heard to insert in this column. Friends, members, please help this sweet little old informer. This is OUR column and we all like to hear about you, our members and family events.

The following information was reported at our last meeting, now sharing it with all of you.

Sharon Pioli, Paul's wife, spent some time in the hospital, she is now home and under the watchful eyes and care of Paul. You are in prayers and thoughts Sharon.

Bill Burwell took a spill, was hospitalized for observation and is now home. Take care Bill.

Jim DiJulio looking good at Gov. Rossellini's 100th Birthday celebration. Jim had just had a procedure. Prayers and best wishes to Bill and Jim. Also attending the celebration was life time member Vito Chiechi.

Many of our members attended the Birthday celebration. It was held at Kennedy High School on Sunday, January 24th. The Gov. Albert D. Rossellini Scholarship has been established at Kennedy High School in his honor to support tuition assistance to deserving young women and men ...our future leaders.

Hawaii calling: **Mary Lou and Max Leone** heading for the SUN. Kristi and Gary Thorn also R & R'ing in our 50th State.

Gino Marchese and family (Joanne) celebrated his Mother's 100th birthday at her residence, the Ida Culver House. It was a happy and memorable day for Theresa with the loving presence of her family. Theresa received an album filled with past family activities' pictures, plus a CD of her relatives back in New Jersey. A wonderful tribute to a gracious Lady. Happy Birthday Theresa.

The Italian Club Calendar is certainly filling up. We begin with the casino trip, then the March meeting, the Crab Feed, the April meeting, and the quarterly lunch meeting on April 21st.

This year, our organization will celebrate its 90th Anniversary. We were organized on APRIL 20, 1920.

We hope to plan something special for that day. Save the date, more information will be coming.

I want to apologize to **Sharon** and **Dawn Peretti**. In the last issue I reported that Dawn was Dino's wife and mother of Dominique, our Rose Bowl girl, NOT Sharon. So now to all of you ... I'm sorry. Sharon, mother, husband Dino, and Dawn as well as auntie and husband Rico. It's all in the family.

Sympathy is extended to **Sr. Susanne Perri, O.P.** and family on the passing of their Mother.
May she rest in peace.

Freedom isn't free. Lord, we pray, hold our service men and women in your hands wherever they may be. Protect them as they protect us.

The best thing about the future is that is always begins tomor-

row. Your future ... tomorrow is here. Time sure flies. Please, help. We would appreciate hearing from you with news you are willing to share. Past, present or future news. Just give me a call.

Barbara Peretti was under the weather with achy muscles and an upset stomach. Spent time at home, better and is back to work. Stay healthy Barbara.

We thank **Gemma Thielges** for our new Name Tags. Nice big print. Great job Gemma. Have YOU ordered yours? There is no charge. Thank you Italian Club.

Saw this so thought I would share it, the meaning of life in 13 words "Inside every older person is a younger person wondering what the HECK HAPPENED?" How true!

A reminder, Festa Mass will be on Saturday evening, September 11, 2010. 5:00 P.M, Our Lady of Mt. Virgin Church. A reception will follow in the Parish Hall.

Well, that's it for this Month, Happy Valentine's Day and have a safe Presidents' weekend.

Keep smiling and happy. Stay Healthy.

Your Informer,

Carolyn E. Jackson, Aka "Sister"







Crab Feed

Saturday, March 20 - 6:30pm - \$30 per person

All You Can Eat!

St. Alphonsus Church Hall

5816 15th Ave. NW, Seattle (Ballard)

Delicious Fresh Dungeness Crab!
Rolls - Angel Hair Pasta Aioli
Beer/Wine/Pop/Ice Cream - Drawn Butter

Chairman, Anna Popovich

Visit www.niaf.org/scholarships to Apply Online

Scholarships Available Through The National Italian American Foundation



More than 100 scholarships will be available to students through the National Italian American Foundation (NIAF) for the 2010-2011 academic year. The Foundation has awarded millions of dollars in scholarships and cultural grants since its inception in

1976, including more than \$1,000,000 in 2009.

NIAF celebrates its 35th anniversary this year. Since NIAF's inception, the scholarship program has grown from four scholarships of \$250 each to more than 100 annual scholarships ranging from \$2,000 to \$15,000 each in the humanities, medicine, engineering, business, music, Italian language and culture, and other specialized fields. Last year, the average scholarship to students in the United States was worth more than \$3,000.

"My strongest sense of ethnic identity came from my mother's side," said Kashmir Hill, a 2009 NIAF scholarship recipient. "My mother would talk about my Sicilian great-grandparents' decision to immigrate to Ohio. As an undergraduate, I realized I was hungry to understand the culture that shaped my ancestors and majored in Italian. My desire to study Italian came from conversations with my grandfather and mother about our Italian roots. I knew going to Duke University that I wanted to learn to speak the language of my ancestors. Given my love and respect for my Italian/Sicilian heritage, I would truly be honored to receive a scholarship from the National Italian American Foundation."

Applicants either must be of Italian descent, with at least one ancestor who has emigrated from Italy, or a student of any ethnic background majoring or minoring in the Italian language, Italian studies, Italian-American studies or a related field. NIAF scholar-ship recipients are selected based on academic merit. Students must have a minimum GPA of 3.5 to apply.

Contributors to the NIAF scholarship program include individuals, corporations, and organizations across the U.S. NIAF will also consider matching scholarships with other organizations.

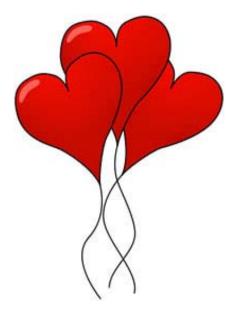
Apply online for a 2009-2010 NIAF scholarship at www.niaf.org/scholarships. Application deadline is March 5, 2010. To establish a NIAF scholarship, contact NIAF Director of Education and Culture Serena Cantoni at 202/939-3111 or serena@niaf.org.

San Valentino Festival ... 496 AD and Beyond by Tina Conforti, Field Reporter

In American, Italy, and many places across the globe, February 14th is the celebration of Saint Valentine's Day. A day on which we express our love for one another - husband and wife; boyfriend and girlfriend.

Saint Valentine is also known as San Valentino di Terni (a town in Umbria, Italy). He was a Christian martyr and is recognized as a saint by the Catholic, Anglican and Orthodox churches and has become known as the patron saint of those in love. Saint Valentine became a bishop in 197AD. In 270 AD, San Valentino was in Rome, Italy to prophesize. He was martyred by being decapitated by a Roman soldier along via Flaminia under Emperor Aureliano in 273 AD. Some of his relics are buried in the basilica named after him in Terni, Italy.

The festival of San Valentino has its beginnings in 496 when Pope Gelasio I decided to replace the pagan festival of fertility celebrated on February 14 as the a festival to San Valentino inspired by his message of love through his acts. It has been said San Valentino married the Christian woman Serapia, who was gravely ill, to the Roman centurion, Sabino. This was against Serapia's parents' wishes. However, called to her bedside by the centurion, San Valentino allegedly baptized Sabino and then married the couple before she fell into a coma.



San Valentino is a yearly festival celebrated on February 14 across the globe. San Valentino is the patron saint of Terni, Italy. He is also patron saint of the

city of Sadali, Sardinia, Italy. In Sardinia, a church built by Byzantine monks is dedicated to San Valentino. His festival is celebrated in Sardinia in October and lasts two days. In Quero, Veneto, Italy, the festival of San Valentino is celebrated by the blessing of oranges. A festival also takes place on February 14 in the village of Vico del Gargano, Puglia, Italy. The town is known as "the village of love." The festival includes a fair, a procession with the statute of the saint, carnival rides, and the blessing of oranges.

But we don't need to wait until Valentine's Day to express our love for one another. We should express our love for one another every day of the year. We can express our love for each other in simple ways by, for example, a hug, a kiss, respecting one another, or by simply taking care of each other.

Remember from 1 Corinthians 13:4: Love is patient, love is kind. It does not envy, it does not boast, it is not proud.

Happy Valentine's Day.

وسترامي والماري

Famous Italian Quotes

"È la gaia pioggerella a far crescer l'erba bella." "It's the merry drizzle that makes grass grow fine."

"Febbraietto, corto e maledetto."

"Little February, short and cursed."

"Finchè c'è vita c'è speranza."

"Where there's life, there's hope."

"Il primo amore non si scorda mai."

"You never forget your first love."

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SKYLINE PROPERTIES INC. - BROKER OF RECORD

Italian Club Scholarships Applications Due in April for 2010-2011 School Year

By Martin Nigrelle (Italian Club Scholarship Chair)

The Italian Club of Seattle will again be awarding up to three \$500.00 scholarships for the 2010-

2011 school year to students who are selected based on meeting or exceeding the scholarship criteria (noted below).

Next steps in the scholar-ship process:

- March 2010 Application Forms published in il Ficcanaso
- April 2010 Applications submitted
- May 2010 Applications reviewed & verified

The qualifications each recipient needs to meet or exceed are as follows:

1. A parent of the applicant (student) must be in good standing in the Italian Club for at least three years. (Grandparents are not included).

- 2. The parent(s) of the applicant must attend at least three club meetings during the year.
- 3. The applicant (student) is enrolled in high school (grades 9

through 12) for the 2010-2011 school year, in the greater Seattle area

4. The applicant (student) must have a grade point average of 3.0 or higher (with official transcript) and take part

in extra-curricular

activities, community service, etc.

- 5. Each applicant must write a letter telling about him/her self and activities in which he/she is participating.
- 6. The application and transcript must be post marked no earlier than April 1st 2010 and no later than May 1st 2010.
- 7. Applications that are incomplete or missing a transcript will not be considered.

Membership News

By Membership Chairman Monte Marchetti

Applications have been received for membership from:

Robert DeDonato Sylvester 5337 Orleans St. Seattle, WA 98116 He is the owner of Renaissance Services, a construction service. His grandfather was Xavier DiDonato from Genova.

Domenica Warczak Clark 1054 S. 124th St. Seattle, WA 98168 253-359-7210 She is in retail at Fred Meyer

Her grandfather was born in Abbruzzi and grandmother in Calabria Lucci.

Diana Sciola Warczak 1054 S. 124th St. Seattle, WA 98168 She retired, married to Rodney Warczak and has three children, Julie, John and Domenica.

The above applicants will be voted upon at the February meeting. The members of the Italian Club appoved the membership of Anna Tucci, Philip J. Lafornara, Scott Ryan Merrell and Danielle and Sue Moreni.

Welcome to the Italian Club!

4th Annual Seattle Mariners' Italian Heritage Night to benefit Festa Italiana

Tuesday July 20th 2010, 7:05pm the Mariners will be taking on the Chicago White Sox. The

Mariners & Verizon are sponsoring Italian Heritage Night. Ticket prices are \$27.00 (Field level) & \$13.00 (Top deck), prices include \$2.00 that will be donated to

Festa Italiana the free festival celebrating Italian-American heritage in the Pacific Northwest for over 20 years. Tickets should be available later in February or early March. The Italian club will again have 52 tickets for

purchase within the Italian Club. The tickets will be available on a first come – first serve basis, both through the club & through the Mariners. More details on ticket availability as soon as

they are available.

The giveaway item for this year's game will be a scarf similar (yet different) from last year's scarf.

DAVIS GRIMM PAYNE and MARRA

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Italian Club Calendar of Events

General Meetings: Dinner (\$5.00 charge) followed by meeting at 6 pm.
Meetings on SECOND Thursday of the month, Mount Virgin Church Hall
Luncheons: 11:30 PM at Marriott Courtyard (925 Westlake Avenue North) are held quarterly

Social Hour 11:30, Luncheon 12 Noon

Finance and Bylaw Meetings: 7 PM at IC office

Trustee Meetings: First Thursday of every other month, unless otherwise noted

FEBRUARY 2010	MARCH 2010	APRIL 2010
1: Trustees Meeting 3: Day at Snoqualmie Casino Chairman Michael Lazzaretti 11: IC General Meeting/Dinner 6pm.	11: IC General Meeting/Dinner 6pm.20: Crab Feed Anna Popovich, Chairman	1: Trustees Meeting 8: Thursday - IC General Meeting/Dinner 21: IC Luncheon
MAY 2010	JUNE 2010	JULY 2010
13: IC General Meeting/Dinner 6pm	3: Trustee Meeting 10: IC General Dinner Meeting, 6pm 16: IC Luncheon TBA: Horse Racing at Emerald Downs, Chair - Joe Galluccio	Summer Break 20: 4th Annual Seattle Mariners Italian Heritage Night Chairman Marty Nigrelle No Meetings No il Ficcanaso
AUGUST 2010	SEPTEMBER 2010	OCTOBER 2010
Summer Break No Meetings No il Ficcanaso 15: Ferragosto, various locations 15: Italian Community Picnic 27-29: Festa Italiana - Portland	 2: Trustee Meeting 9: IC General Meeting, 6 pm 11: Festa Italiana Mass 21: Festa Downtown Luncheon 24: Festa "Taste of Italy" 25-26: 23rd Annual Italian Festival at Seattle Center 	 9-10: Great Italian Festival, Reno, NV 14: IC General Meeting Dinner 6pm TBA: Golf Tourney TBA: Halloween Party for kids
NOVEMBER 2010	DECEMBER 2010	JANUARY 2011
7: Trustees Meeting 14: IC General Meeting - 6pm Nominations will be taken from floor for 2010 officers TBA: Past Presidents Luncheon	9: IC General Meeting/Dinner Election of Officers IC, 6pm TBA: IC Christmas Children's Party 8:30AM TBA: IC Christmas Party	13: IC General Meeting/Dinner Installation of Officers 6pm.



ADDRESS SERVICES REQUESTED



Visit our website at: www.ItalianClubofSeattle.org



Italian Recipe ... For Lent

Risotto with Bell Peppers - Risotto con i Peperoni

Prep Time: 30 Min - Cook Time: 20 Min - Serves 6

Bell pepper risotto is a specialty from Voghera, a city in the southern side of the Po Valley, between Piacenza and Alessandria. The region is famed for its peppers, which are also very good grilled with bagna caoda.

Ingredients

- 2 cups Carnaroli or Vialone Nano rice
- 1/2 pound bell peppers, preferably yellow
- 6 ounces ripe plum tomatoes, blanched, peeled and seeded
- 1/2 cup unsalted butter
- 2 tablespoons olive oil
- A medium onion, minced
- Freshly grated Grana Padano or Parmigiano
- Salt & freshly ground pepper
- Beef broth, simmering (about a quart, use lightly salted vegetable or beef bullion if need be)

Directions

Begin by washing the peppers, coring them, and discarding ribs and seeds. Then flame them to blister the skins (a broiler makes this operation quite easy), peel them and cut them into thin strips.

Sauté half the minced onion in just a dab of butter, and when it has gilded add the tomato pulp, breaking up the pieces with your fingers. Check seasoning and simmer over a low flame stirring repeatedly, and then the sauce is somewhat reduced add the pepper strips. Cook for a minute more and then cover the pot and turn off the flame.

Set another pot on the fire and sauté the remaining onion in half the remaining butter. As soon as the onion is a light golden remove it from the pan with a slotted spoon, turn the heat up slightly, and stir the rice into the drippings. Continue cooking for several minutes, stirring constantly lest the rice stick. Return the onion to the pot and begin adding hot broth, a ladle full at a time. When the rice is half cooked add the tomato and pepper mixture. Continue stirring in broth until the rice is at the al dente stage, stir the remaining butter and grated cheese to taste into the pot, and serve.

